



Angels And Ancestors

January 2008

Rise Higher!

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From The Editors - Celebrating New Year 2008



Welcome to the new year - 2008! This is a year where we meet ourselves and either embrace who we are to become or create/find a situation that allows us to leave. For the last several years, light warriors have been working to change the vibration on the planet to move from a deep density to a place of light, love, grace and kindness. When changes start to occur in people or animals or plants without specific cultivation of those traits, the scientists indicate that "spontaneous evolution" has occurred. To me, it seems that an evolution of kindness began in 2007. During 2007, we witnessed huge changes in the world around us. People are now speaking out against political corruption and bringing wrong doers to light - around the world! Kindness and generosity, which we often don't hear about in the media, is becoming a larger phenomenon. For example, the movie "Darius Goes West" is up for an Oscar nomination. It is the story of a 15 year old who has a terminal disease and how a group of his friends carry out a pledge to his deceased older brother to take care of him. The kindnesses documented in this movie show some of the many kindnesses happening around us all the time! We wish you to receive many acts of kindness, abundance in new ways, love that is filled with grace and generosity, and joyfulness that you discover within you and around you. Namaste! Judy and Roger

About the Crystal - Serpentine - By Roger Joyeux

Editor's Note: Roger is presenting a crystal workshop in January, and will be covering approximately 70 crystals in depth. See the WORK SHOP SCHEDULE below for dates and other info.

Serpentine is among the healing stones. Through the vibration of its shade of green, it works to produce a healing with particular characteristics. The frequencies of Peridot or Adventurine, for example, offer healing with no sense of complexity. In contrast, Serpentine seeks to wend its way through areas of blockage within the body's physical form. Its work is done without a uniform sense of its purpose. That is, Serpentine meanders through bodily form of any description until it encounters blockages that need healing. In these locations, the stone's vibration goes to work, but initially, only at the periphery of the blockage. It works to move the bodily form that it encounters ever faster---it accelerates the vibration of the surface layers of form. Thereafter, it accelerates progressively deeper layers as its influence creeps towards the core of the blockage.

As Serpentine accelerates form's essence, light then enters. This is what can be reasonably expected. That is, light enters form that vibrates faster. Yet, in addition, the light that is indigenous to the form that suffers from the blockage interacts with the substance of the Serpentine. It enters the serpentine where it undergoes its own reconditioning and healing. The newly-restored light frequencies return to the area of blockage, re-enter its space (first on the surface then deeper) and create balance. It returns the bodily form to its healed state in harmony with the overall state of the being's evolution.

Although Serpentine meanders ad hoc throughout the body's form, it moves according to polar charges. To understand the complexity of how Serpentine works with polarity to effect its healing, come to the Crystal's Light workshop. Understanding crystals goes a long way to understanding the light we work with here on Earth.

-©Roger Joyeux. Roger is a light worker, healer, writer, and speaker. He journeyed to the Siddha Yoga ashram in Ganespuri, India in 1990; he danced the alignment of Earth at the 11:11 in Egypt in 1992; he channeled Archangel Michael at the Conclave of the Mother in 1994 at Mount Shasta; and he has created light stations in Alberta.

Karma Clearing Sessions

As we raise our vibration and move beyond the third dimension, Karma will no longer apply. In order to get to that vibration, however, we need to clear the karma that has accumulated. Karma results from interactions (relationships) with others - this life and past lives. It also accumulates from contracts that we have agreed to, from diseases, and from negative habits. 2 hour karma clearing sessions will be offered to individuals, one-on-one, starting in December. The intent is to work on recognizing what Karma we have and learn ways to clear it quickly. These sessions include

- determining where karma lies - in past lives, globally and/or universally;
- a quick look at one's Akashic record;
- a self clearing methodology;

- and a facilitated clearing session.

Fees are \$160.00 per 2 hour session. Call 403-225-2016 to arrange your session. Or, email judy@angelsandancestors.com.

Crystal Workshop

This four part workshop deals with the topics: Preliminaries: Understanding Healing; Variations of Clear Quartz; and Stones to Usher In The New Age. To understand crystals, first understand light. Then understand how light works with our minds, chakras, polarity, consciousness, etherics, emotions, awareness, souls, and vibration. The light that crystals bring can be highly specialized or quite general. Join instructor, Roger Joyeux, as he leads you through approximately 12 hours of class time. Information and personal intuitive testing is done on roughly 70 of the best known crystals.

To register call Roger or Judy at 225-2016, by Wednesday January 9th or email info@angelsandancestors.com.

Dates: January 11, Friday evening, 7:30-9:30

January 12, Saturday, 9:30-4:30

January 13, Sunday, 9:30-2:30

Fee: \$120.00

Location: 331 Deercroft Place

Closest hotel - Holiday Inn Express Hotel & Suites Calgary South 12025 Lake Fraser Drive Calgary 1-403-225-3000

Psychic Abilities Assessment

Comments from those who have been assessed are:

✚ "I feel lucky that I was able to find out some of these skills and put a name to them – it helps to take away the fear!"

✚ "Having gone through this process, I now see some of my life situations in a different way, and I can watch for messages in similar situations in the future. Thank you!"

Who will be interested in this tool? People age 13 to 30 that are currently developing their skills and are looking to find ways to understand and improve their skill levels. Note- those under age 18 years will need parental or guardian written permission. Anyone currently discovering a spiritual path after years in the corporate workplace will find this tool helpful. People that are having some "interesting" experiences without being able to classify or understand what is happening will get clarity with this tool. Anyone who feels that they have "untapped" skills will learn whether in fact they do have other abilities.

Where does this take place? Apprentices may either take the session in person or the sessions may be done by phone. This assessment is a testing tool with 65+ abilities on it. The process takes about five hours to complete, so we recommend breaking it into two sessions of 2.5 hours each or plan to spend an afternoon completing it. The Master walks the apprentice through each of the items and draws on the apprentice's experience as well as shamanic scanning to determine whether the skill is dormant. The assessment tool is filled out with written comments.

When the apprentice has completed the sessions, the Master takes the tool and analyses the results, based on the assigned rating. The analysis is put into a written report, and provided to the apprentice with comments about what the skill set is telling us about the overall skills –how the skills supports one's life purpose, or points to the work one must do to get closer to their life purpose. Writing and analyzing the information takes up to six hours.

What the apprentice receives: A written report indicating the abilities in each category and a commentary on the skill set a suggested sequence of training to develop skills – which may or may not be within the StarWalker program a copy of the assessment tool as completed

Fee: 2.5 hour sessions or one 5 hour session and the report, \$320.00 payable with the first session.

Call 403-225-2016 to arrange your session. Or, email judy@angelsandancestors.com.

StarWalker Training – Year One

The StarWalker program is created for those who wish to walk all of the astral planes and walk through time to talk to others who live out amongst the Stars and Planets. It is also created for all those people who wish to use their abilities to their fullest potential. The first step for those starting out on their path is to determine their skill set. Currently, we recommend the Psychic Assessment as prerequisite to the program. It helps us determine whether the apprentice needs to start with basic training. The partial training outlined below is designed to first – create very good meditation skills since this is the foundation for the discipline to achieve skill in the other areas. The outline of skills is general because the tasks may change according to the effort or talent that the apprentice brings to the sessions and the supporting work, as well as the guidance that the Master receives about leading the apprentice. Note that with all of these sessions, reading and exercises will be assigned to be discussed as a form of sharing within the session. For more information on this program, check the website or call Angels And Ancestors at 403-225-2016 and ask for Judy.

Here is a sampling of the training sessions...

- Meditation
- Dousing and specific frequencies
- Ley Lines and how to use and clear them
- Working with nature spirits
- Merging
- Working with Chelation
- Working with crystals
- Working with colors
- Working with a drum
- Power Animal and colors and location
- Meditation – working with alpha state frequency
- Determining your background – in terms of earth Angels And Ancestors
- Working with angel cards
- Re-discovering one's life purpose

Munay-Ki Workshops Update

Since June of 2007, approximately forty people have started the Rites, and those that started in June, July or August have now completed the Rites and are beginning to give Rites themselves. All protégées will tell you that they have had an amazing time and that the Rites have changed their lives for ever! If receiving the Rites resonates with you, please watch a wonderful multi part video on the Rites which is available at <http://video.google.com/videoplay?docid=-1170193336278947327>.

The timing of the Rites is generally to allow two weeks or so between Rites 1 and 2 and Rites 3 and 4. Then, allow six weeks or so between Rites 3 and 4, and Rites 5, 6, and 7. And finally, allow about seven weeks for processing and then receive Rites 8 and 9.

FOUNDATION RITES

Munay Ki Rites 1 & 2 (1- Healer Rites, 2 – Bands of Power)

January

- Conferring Rites and Teaching Session
TIME: **Monday, January 14 7:00 pm - 9:30 pm** FEE: \$45.00

Munay Ki Rites 3 and 4 (Harmony Rites, Seer Rites)

January

- Conferring Rites and Teaching Session
TIME: **Monday, January 28 7:00 pm - 9:30 pm** FEE: \$45.00

RITES OF ARCHANGEL AND ANGEL VIBRATION

Munay Ki Rites 5, 6 and 7 (Day Keeper Rites, Wisdom Keeper Rites, Earth Keeper Rites)

January

- Conferring Rites and Teaching Session
TIME: **Wednesday, January 30 6:30 pm - 9:30 pm** FEE: \$45.00

March

- Conferring Rites and Teaching Session
TIME: **Monday, March 10 6:30 pm - 9:30 pm** FEE: \$45.00

Munay Ki Rites 8 and 9 (Star Keeper Rites, Creator Rites) **Note – at least seven weeks must have passed since Rites 5, 6, & 7**

January

- Conferring Rites and Teaching Session
TIME: **Wed, January 2 7:00 pm - 9:30 pm** FEE: \$45.00

February

- Conferring Rites and Teaching Session
TIME: **Wed, February 6th 7:00 pm - 9:30 pm** FEE: \$45.00

March

- Conferring Rites and Teaching Session
TIME: **Wed, March 26th 7:00 pm - 9:30 pm** FEE: \$45.00

April

- Conferring Rites and Teaching Session
TIME: **Monday, April 28th 7:00 pm - 9:30 pm** FEE: \$45.00

Location: Rites will be given at 331 Deercroft Place SE Calgary unless another location is provided when you sign up. All participants must preregister!

Registration: Call Judy at 403-225-2016 to register. Note: If you do not want the training around the Rites, the Rites may be conferred without charge. For further info - judy@angelsandancestors.com.

Spirit Animals – Porcupine- By Judith Hirst-Joyeux



The original topic for this section was "woodpeckers". However, the article kept stalling me. I had the feeling that there was something else I should be writing about. Then, on December 28th, my sister and I were walking our dogs in Fish Creek Park when we saw the most amazing thing – a big porcupine sitting in a small sapling, almost on top of the trail we were following. I knew then that the porcupine was to be my inspiration for this article. - Judy

If you grew up in the country or had a cottage at the lake, then you know that the porcupine is on the list of "beware of" animals. One – it has quills that it can "throw" at you and they are very, very difficult to get out of either you or the dog! Two – don't leave any tools on the ground because the porcupine will eat the handle – it likes salt! Well the first item is partially true – the quills are very difficult to remove. However, the porcupine cannot throw them. It can, however, back into either you or the dog, and do lots of damage. And, it really does like salt – possibly because it likes to be close to water and prefers willow and water lilies to eat – both with high water content.

The porcupine is a fascinating totem animal and spirit guide. Although it is a land animal, it spends most of its time in trees eating young buds, blossoms, and bark. As mentioned earlier, it loves water lilies and so spends time in the water where it maintains its buoyancy through its quills which are filled with air. Thus, porcupine has an affinity with three of the five Earth elements – wood, water, air, and metal. Porcupine is a reflection of a gentle nature that is joyful and full of innocence. Yes, it will defend itself. Yet, it never goes on the attack except in the protection of its young which the mother raises alone. Porcupines are very much loners and seem to exist in isolation. However, they do share their burrows or hollowed out trees with others if the occasion arises. Porcupine is also about communication – reflecting the "barbs" that hurt us and the barbs we hurl at others. If porcupine shows up for you, ask yourself if you are communicating offensively, particularly to loved ones. Also look at porcupine's diet and determine if you are eating healthy foods, drinking lots of water, and getting lots of fresh air. Do you need to climb to a higher height to have a better view of the world? Do you need to allow others into your den in a move of generosity? Is your salt intake too high, too low, or adequate? Is it time to be alone? Or, is it time to "hang out" in a tree somewhere because trees are the transition between heaven and earth? Porcupine is about

nurturing and creativity as well. Is porcupine telling you to look at things differently? Do not look at everything as the enemy or challenge – look at it as the path to the next tree or waterway. Porcupine is about harmony with all of the world and being one with nature. Porcupine does not collect and store food – it takes what it needs, when it needs it. This is a reminder not to be over material, and to “walk the earth softly” and being honored by all who meet you.

Transcending with Munay Ki and Graduating with a Pi Stone – by Lori Smith, B.Comm.

From August 24 to December 14, 2007, four protégés received the nine Rites of the Munay Ki. “The Munay-Ki comes from a Quechua word that means ‘I love you.’ The Munay-Ki are the nine rites of initiation to become a person of wisdom and power who has accepted the stewardship for all creation.

The nine rites are common to all shamanic traditions, even though they are expressed in different forms and styles in different cultures. They derive from the great initiations from the Hindu Valley that were brought to the Americas by the first medicine men and women (the Laika, the Earthkeepers of old) who crossed the Bering Straits from Siberia during the glacial period some 30,000 years ago” (http://www.munay-ki.org/Munay-Ki_The_Heros_Journey.html)

On December 14, 2007, I was conferred the final Munay Ki Rites 8 and 9 by Shaman Judith Hirst, along with three other protégés. I feel proud that one these protégés is my 18-year old son, Mark. This particular evening, all four of us were conferred Rite 8 and then Rite 9; Mark was third, and I was fourth in the sequence.

Munay Ki Rites Rite 8 is the Starkeeper Rite, which anchors the protégé to the time after the great change that is said will occur on and after 2012. After receiving the Rite, the protégé’s physical body and DNA evolves into Homo luminous, and body aging process is slowed down and becomes resistant to diseases it was once vulnerable to. Rite 9 is the Creator Rite and it awakens the protégé’s God nature-- Christ Consciousness and Buddha Nature. After receiving the Creator Rite, the protégé acquires stewardship for the world and the earth we live upon. After conferring both Rites, the protégé graduates and is gifted with the pi stone, that represents the power and ability to become a conduit between the manifest and un-manifest worlds. Your pi stone is a representation and key to the hyper dimensional matrix of the Universe (Alberto Villoldo videos).

While Shaman Judy conferred my Rite 8 experience and I had my eyes closed, I saw the head and face of the Bear, followed by what appeared to me as a backbone, and then hills developing around it—I now realize that this was a road/path and I was being lifted up and it was appearing farther away. At the point during the Munay Ki conferral when Judy and I touched foreheads, I saw I was up along the clouds—it was light below but dark gray with the clouds bubble-shaped, cumulous, and flat along the top. Upon reflection afterwards, I felt that I was being lifted upward as the road appeared smaller and deeper set with hills. Judy shared her experience with me, and she told me that in my case, no planet appeared to provide the Rainbow Warrior; instead a large V-shaped symbol appeared. My intuition indicated it was a funnel. Judy felt and observed the white presence on either side of us saying, “I’ve come to help,” while the wind picked up and started blowing more strongly outside the house. The extra energy provided by the Spirit, who preferred to remain nameless, overwhelmed and gave her a headache. My son Mark has the gift to see Spirit and, during my Rite 8 process with Judy, this is what he wrote on my journal page: “I saw a white bubble around both of you followed by a uplifting transportation, as if you both just went into hyperspace.”

During the next conferral of the Creator Rite 9 with Judy, I experienced in my inner vision what appeared to be symbols on a shirt, followed by a period of no images it seemed, finally with a branch held in a clenched fist, and next with a set of teeth, which transformed into a face with the mouth getting wider as if in a scream up to the sky. My inner vision felt like a mystery to me. Shaman Judy assisted me with interpretation identifying it as a riddle, that held a prophetic meaning which is to experience the future out of synchrony, and the shirt symbol I saw was actually a Stargate. The period without images and the branch was my journey through the wormhole. The image of the screaming person represented the breath of God, and more formally called the Out-breath and In-breath of God. These are the last two of seven planes with the Inner Planes, within which is the home of the Soul.

“The external world (outer physical earth plane) is held within the Inner Planes. The energy of the Inner Planes maintains and sustains the physical earth plane of existence. The Inner Planes, like the outer physical earth plane, is also illusion. However, the Inner Planes are a higher vibratory frequency, which ultimately accelerates into the “In-Breath” of God” (<http://goddirect.org/glossary/s.htm>).”

My pi stone is a Bloodstone crystal, which is a dark green stone with red flecks within it. The characteristics and meaning of the Bloodstone include: “Bloodstone (also called heliotrope) is green with distinctive red spots that resemble blood, giving this stone its name. The bloodstone was used to stop bleeding especially nosebleeds.

There is a legend that says the bloodstone was formed from the blood of Christ dripping on the green earth and solidifying. It was also called heliotrope by the Greeks and was thought to bring change. The bloodstone has been used as an amulet to protect against the evil eye. Bloodstone is the symbol of justice” (<http://crystal-cure.com/bloodstone-gem.html>).

I now wear this pi stone after graduating from Munay Ki as a pendant around my neck. I will wear my pi stone during my travel in India on December 31, 2007, to January 24, 2008, as well as Rome, Italy from January 24-27, 2008. If you have any questions or feedback, please do not hesitate to contact Shaman Judith Hirst or the author, Lori Smith, at lori-smith@shaw.ca

-©Lori Smith. Used with Permission. Lori is a Shaman-Healer, a teacher, an International Master of Education student, a relief crisis line worker, an energy healer, writer and a world traveler.



Lori Smith

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Editor’s note: Lori and Mark are the first Mother/Son team to graduate Munay-Ki with Angels And Ancestors.

Munay-Ki Rite #8 - Starkeeper Rites -By Judith Hirst-Joyeux

Time has become the enemy - it makes us pigeon hole our life. Aboriginals do not believe in time - it has no weight or light to it. As a shaman, you need to be able to move out of time at will. This rite anchors you safely to the time after the great change, said to occur around 2012. Your physical body begins to evolve into homo luminous, the aging process is slowed down, your DNA is re-informed, and you become more resistant to disease. The Starkeepers have special characteristics:



- are the stewards for all time to come
- anchor themselves in 2013 and beyond
- form a very special community
- journey out to the place of becoming a rainbow or luminous being
- becomes the very sacred.

Picture from Microsoft ClipArt.

- *The Rites must be given in order, and are usually spaced out over several months to allow the protégée to have time to do the work to feed and grow the seeds. Contact judy@angelsandancestors.com if you have any questions or need further information.*