



Angels And Ancestors



November, 2007

Rise Higher!

Volume 2, Issue 2

In This Issue

- ☀ [From The Editors - Hibernation](#)-Judy and Roger
- ☀ [The Vibration of Bloodstone](#) - Roger Joyeux
- ☀ [Workshop Schedule](#) - Angels
- ☀ [Munay-Ki Schedule](#)
- ☀ [Spirit Animals - Pigeon](#) - Judith Hirst-Joyeux
- ☀ [Fairies and Excerpt from "The Story Of Light"](#)
- ☀ [My Bald Eagle Miracle](#)- Lise Lemay
- ☀ [Munay-Ki Rite #6 - Wisdomkeeper Rites](#) -Judith Hirst-Joyeux
- ☀ [About The Great White Brotherhood?](#) -Judith Hirst-Joyeux

[DID](#) a friend send you this newsletter? To Subscribe to this newsletter, click [SUBSCRIBE](#)

If you no longer wish to receive this newsletter, click here [UNSUBSCRIBE](#)

From The Editors - November, The Beginning of Hibernation

If one used the old Irish calendar, it would be clear that November 1st is the first day of winter. Samhain, usually celebrated on October 31 (a date that we know as Halloween) is the celebration of the harvest. It is the time when all celebrate the gathering of the crops and the moving of the animals from summer pasture to the wintering place, usually right at the farm or close to the village. It is also a time when the animals slow down their activity. Some, like the bears, sleep all winter. Others sleep for extended periods coming out to check the environment and eat occasionally. Chipmunks, beavers, squirrels, skunks, badgers and raccoons fall into this category.

Humans, however, have adapted a winter living pattern that is contrary to slowing down and being in dormancy and contemplation. We take on activities such as skiing and curling to remain active through the winter. Our activity gets frenzied in November and December as we prepare for Christmas. We allow ourselves no time to review our life for the year. Consequently, at Christmas, we are tired and stressed and burned out! We snap at those we love and begrudge all the demands on our time. When the winter Yule arrives at December 21st, we miss the opportunity to release the things in our life that no longer serve us.

So, we urge you to slow down this November. Do one or two things, and no more than five activities (including family activities) that are meaningful to you, and say no to other things. Moderate your energy and conserve your strength as you contemplate what activities bring great joy to your life, and what actions cause you angst. Then make plans to change your life.

Namaste! Judy and Roger

The Vibration of Bloodstone

by S. Roger Joyeux



Picture of Bloodstone – courtesy of Roger Joyeux at Joytography.com

The ancient healing crystal, Bloodstone, has the power to open those channels of the body blocked by the decay of dis-ease vibrations. Wherever bodily tension plagues the arteries or creates constrictions that manifest in the physical form, the stone goes to work. It has the ability to move the most stubborn of negative frequencies.

Bloodstone creates it's own vibration within its Oneness component. Its vibration flows to and from its crystalline substance, coursing its way through the physical body's innermost etheric channels and pathways. If the etheric channels that guide the flow of the stone's vibration are open, the flow is continuous. If the channels, including the etheric body's most intimate aspects, are confused, blocked, or otherwise distorted, the problem shows up in the etheric field's magnetic patterns.

At places of distortion and blockage, Bloodstone's vibrational energy is 'caught' and its flow is stifled. This does not mean that the Bloodstone energies stop. Rather, they stop flowing and start accumulating at the site of the blockage. Bloodstone's energies continue to accumulate, and to increase their power. Once an adequate amount of the Bloodstone vibration accumulates, Bloodstone's healing begins. Its energies rattle the blockage; they shake it up and loosen it. The influence of the stone is not a matter of enhancing the vibration of the dis-eased form at the site of the blockage. The effective action is not an infusion of light to cause healing. Rather, when Bloodstone's energies acquire enough power, they pound the blockage. Bloodstone is the sledgehammer of healing.

Only the most acute etheric distortions restrict Bloodstone's low and slow vibratory pulses. Bloodstone is of a vibration that is significantly lower and slower than the frequencies of the higher chakras. Therefore, it resonates best with the second chakra.

The intensity that builds because of the accumulation creates the power to break up dense blockages wherever encountered. Analogous to the stone's level of activity, Bloodstone is the cleanser that flushes out the effluent of sewer drainpipes. Once the slow and intense vibration has rattled the etheric magnetic field adequately, the flow of the Bloodstone energies resumes. Upon clearing the blockage from the restricted etheric field, the free flow of the

body's own indigenous energies also resumes. Further, and usually at the localized site of the cleared blockage, there is an increase in the amount of light flowing within the channels of the physical body. As the physical body's dense energies are cleared from the site of their accumulation, so too are the symptoms of what may have manifested as a physical disease.

Bloodstone works primarily with the etheric magnetic field patterns within the innermost layers closest to the physical body. Placement of the stone for healing is best at the site of the problem, especially if symptoms have manifested. Symptoms related to blockage and dense energy accumulation may include stiffening of the body's movements (in the joints), but also muscle fatigue and paralysis.

Bloodstone works with the lowest and slowest of the green vibrations of light, yet only in a minimal way. It is a healing stone in truth and in a classical sense because it accelerates form, which thereafter accepts light for healing. Yet, it is better understood as working with the flow patterns of the magnetic field of the etherics. It vibrates to create a flow of its own to and from its placement on the body and shakes its way through etheric distortions. Once the etherics clean up, the energies flow and the body sheds its symptoms.

While preference may be to place Bloodstone at the site of dis-ease or blockage, when laying crystals, placement is best on the second chakra. From the second chakra, Bloodstone's vibration radiates outward for distribution by the chakra distribution system. It travels all parts of the body. Further, the intensity is slightly diluted in comparison to direct placement. Healing better conforms to the body's capacity to heal. Bloodstone works to maintain healthy etheric flow patterns throughout the body.

-©Roger Joyeux. Roger is a light worker, healer, writer, and speaker. He journeyed to the Siddha Yoga ashram in Ganespuri, India in 1990; he danced the alignment of Earth at the 11:11 in Egypt in 1992; he channeled Archangel Michael at the Conclave of the Mother in 1994 at Mount Shasta; and he has created light stations in Alberta.

Around Angels And Ancestors

(Hit Control and Click on the headline to get to the web site.)

Light Body Lay Out

Are you looking to rise higher in your vibration? Check out a light body layout.

Now You Have Choices For Types of Readings

Want to book an email reading - this is the spot to do it.

Labyrinths

Labyrinths have long been a tool to use to banish negative energies and to use to heal. Is there a labyrinth workshop that calls to you?

Past Life Regressions

Discover how your previous lives may influence your day to day path in this lifetime.

Work Shop Schedule

Recipe For Me - Starts Tuesday November 6th (Four individual workshops)

Do you know who you are? Do you know what makes your heart sing? Do you know why you are where you are? Join Judy Hirst-Joyeux for Tuesday evenings through November as she leads an exploration of self discovery. Each evening will focus on different aspects of self. Included in the topics will be money, fears, what happiness looks like, wish list, giving up, what is your power base, and other thought provoking ideas. Judy has taught classes and workshops through the University of Manitoba, the CMA Manitoba, through her consulting business, and through Microsoft. Participants in her workshops enjoy the gentleness and humor she uses to lead people through tough analysis. The first four sessions will be in November. Additional sessions will be scheduled in January and February 2008.

Call Judy at 225-2016 or email Judy at judy@angelsandancestors.com to advise of your interest for one or more of the sessions or to ask questions.

Transportation: This workshop is across the street from the Heritage C-Train station stop.

Dates: Tuesdays - November 6, 13, 20, and 27.

Time: 7:00 pm to 9:00 pm

Cost per Session: \$25.00 or prepay all four sessions for \$90.00.

Location: Rose Kohn Arena

Calgary, AB 502 Heritage Drive SW Calgary, AB T2V2W2

Nov. 6, meet in Meeting Room #2

Nov 13, meet in Meeting Room #1

Nov 20, meet in Meeting Room #1

Nov 27, meet in Meeting Room #1

November 24th- Saturday - Self Healing Using Nature Coning and Great White Brotherhood (Preregister by November 15th - limit to 20)

Why use Coning and GWB? This is a wonderful self healing technique that will help you heal many aches and pains including troublesome mental or emotional states. This methodology strengthens or reinforces healthiness and healing for those who need to undergo surgery.

This daylong workshop on self healing using the force of nature and the healing cadre of angels known as THE GREAT WHITE BROTHERHOOD. Participants will be instructed on the concepts of nature intelligence, what the Great White Brotherhood is, what coning is, how it works, and walk through a practice set of setting up coning for self. The participants will then work through their first self coning session. The participants will move through instructions for a self directed medical assistance program, and complete a practice set on how this will work. Each participant will then have the chance to do their first session with the Great White Brotherhood. Handouts will be provided.

Participants should bring journals or notebooks. To find out more about this workshop, contact Judy at 225-2016 or email her at judy@angelsandancestors.com.

PREREGISTRATION REQUIRED: contact Judy at 225-2016 - space limited to 20 people

Date: November 24th

Time: 9:00 to 5:00

Lunch: Suggested brown bag lunch to meet dietary requirements

Fee: \$100 Location: Rose Kohn Arena (To be confirmed)

Munay-Ki Workshops Dates

If receiving the Rites resonates with you, please watch a wonderful multi part video on the Rites which is available at <http://video.google.com/videoplay?docid=-1170193336278947327>. The timing of the Rites is generally to

[See Who Is Linked to Angels Website!](#)

We have chosen a few fellow light workers to reference on our website. Let us know if you have an interest in linking with us!

ANGELS AND ANCESTORS
Calgary, Alberta
Canada T2J 5V6

Phone: 403-225-2016
E-mail: Judy
hirst14@yahoo.ca

E-mail: Roger
rogerioyeux@yahoo.ca

angelsandancestors.com

BODYTALK **System**

Is your body feeling physically stressed? Do you have ailments that do not seem to heal? Try a BodyTalk Therapy session with Judy. Appointment openings are available on Mondays, Tuesdays, and Wednesdays. A session may also be done remotely either by phone or by email. Call 403-225-2016 to book an appointment.

For Information on Roger's book,

allow two weeks or so between Rites 1 and 2 and Rites 3 and 4. Then, allow six weeks or so between Rites 3 and 4, and Rites 5, 6, and 7. And finally, allow about seven weeks for processing and then receive Rites 8 and 9.

FOUNDATION RITES

Munay Ki Rites 3 and 4 (Harmony Rites, Seer Rites)

November

- Conferring Rites and Teaching Session
TIME: **Wed, Nov 14 7:00 pm - 9:30 pm** FEE: \$35.00

RITES OF ARCHANGEL AND ANGEL VIBRATION

Munay Ki Rites 5, 6 and 7 (Day Keeper Rites, Wisdom Keeper Rites, Earth Keeper Rites)

November

- Conferring Rites and Teaching Session
TIME: **Monday, Nov 12 7:00 pm - 9:30 pm** FEE: \$35.00

December

- Conferring Rites and Teaching Session
TIME: **Monday, December 17 6:30pm - 9:30 pm** FEE: \$35.00

Munay Ki Rites 8 and 9 (Star Keeper Rites, Creator Rites)

November

- Conferring Rites and Teaching Session
TIME: **Wed, Nov 7th 7:00 pm - 9:30 pm** FEE: \$35.00

(Must have completed Rites 1 thro' 7 by Sept 30th)

- Conferring Rites and Teaching Session
TIME: **Sat, Nov 10th 1:00 - 4:00 pm** FEE: \$35.00 (Must have completed Rites 1 thro' 7 by Sept 30th)

January

- Conferring Rites and Teaching Session
TIME: **Wed, January 2 7:00 pm - 9:30 pm** FEE: \$35.00

- Conferring Rites and Teaching Session
TIME: **Wed, January 30 7:00 pm - 9:30 pm** FEE: \$35.00

Location: Rites will be given at 331 Deercroft Place SE Calgary.

Registration: Call Judy at 403-225-2016 to register. **Note:** If you do not want the training around the Rites, the Rites may be conferred without charge. Contact Judy for further info - judy@angelsandancestors.com.

Spirit Animals - Pigeon *By Judith Hirst-Joyeux*



Picture courtesy of Microsoft Clip Art

Pigeons are often regarded as pests. In some cases, they are regarded as a delicacy for eating (squib). Some people revere them for their racing abilities. Most of us think of them as the birds that people feed in the parks and squares in the cities. We seldom think of them as a totem animal that may have something to teach us. If Pigeon is appearing in your life, you may be assured that he has a reason. Take into consideration that Pigeon was used by the Chinese for hundreds of years to deliver messages. Europeans adopted this technique and used pigeons to deliver messages in times of war. Pigeons have great courage and may fly 500 miles per day at speeds of 100 miles per hour for 100 miles! So what is Pigeon coming to say? Some of the messages might be:

-have courage and keep focused on the goal at hand.

-how to value the qualities of home, security, and the caring that a loved one provides. (Pigeon often appears as a totem or guide for people that have had a troubled or unsettled childhood, and who seem to have difficulty in finding a solid foundation in all areas of their lives.)

-how to know "true north" (we would call it the compass of integrity), and how to always find one's way home - to the place in their heart where they know there is truth.

-how to always know where you are and to know where "home" is.

Pigeon's big message when it first appears to you is to remind you that you must keep your sights and your actions focused on what it is that you want in life. It is reminding you to use all of your senses equally and thus stay balanced. Mostly, Pigeon says focus on where you want to be and start moving to that goal using your inner guidance so that you will always find your way, regardless of the journey.

Fairies and Excerpt from "The Story Of Light"

We received many emails on the article about the Tree Fairy. Thank you to all for the wonderful comments and short stories of your experiences. For those of you that have asked about the fairies or other light beings that one may glimpse from time to time in nature, here is a short excerpt from Roger's book. Enjoy!

From page 14 of the book "The Story Of Light".

Not all volunteers chose to serve in the physical form. The Earth's cultivators - the fairies, gnomes, and elves—

**"The Story Of
Light" please click
[TSOL](#).**

decided that their service was best accomplished from the vantage point of a vibrational level just above the third dimension. At the higher vibrational level, the cultivators work to direct light into places where it can be anchored. If a space, place, person or thing is ready to receive light, the cultivators re-work and shape the light into acceptable frequencies. The next time you feel a tingle in your spine, it may be the cultivators opening your body to light.

Not only does this book talk about the origin of light upon the Earth, it has some great information on chakras, copper beds, crystals, meditation, I AM, mind, separation, Oneness, and other topics that seekers of knowledge will find educational and thought provoking. See the link to TSOL on the side panel.

My Bald Eagle Miracle

by Lise Lemay

My husband and I were driving to Buffalo Point for the weekend of August 24th and as we were nearing Buffalo Point my husband spotted an Eagle in the ditch near the edge of the road, so I urged him to stop so we could take photos. Well, what happened was not just an occasion for photos but a true encounter with a gentle spirit. My husband, Denis, was taking shots with the camera and I said to him "not too close or he'll fly away", "be careful hun" & then, I ceased the moment - grabbed a bag with tobacco went outside the vehicle, made an offering to mother earth, said a prayer to the Eagle and thanked him for this awesome encounter.

Well, my goodness, talk about everything speeding up; the eagle then flew across the road, and once again I said, in my head, "may you be blessed and healed, may you be well my friend", as I was radiating touch energy from a distance and sending him my love through my heart and hands. Then, the eagle started hopping across the road and followed me to the car - where I was then running to the car because I didn't want the eagle to land on my head or back with its' talons. I was a bit scared and surprised that it was running towards me. So, I jumped in the driver's seat and then the eagle plopped himself right above me on the vehicle. O.K. - then I knew - "hey, there's more to this than I know.....", and I was shaking, crying and felt a strong, very strong vibration in my upper chest - all of my chest area was vibrating. It was very strong and unlike anything I have ever felt. So, I kept sending my touch healing through the vehicle and the eagle stuck with me for well over 20 minutes and looked right at me through the vehicle. I saw it's plea, it's innocence, and I knew that it had a message for me. So, o.k. - I decided to step out of the vehicle to get closer to the eagle and do therapeutic touch one on one.



A picture of Lise giving Therapeutic Touch to a young female Bald Eagle. © Lise Lemay 2007, Used with permission.

By this time, we had a three ring circus going on as all traffic was stopping on the side of road to ask questions and take pictures - saying: "is that what I think it is?" and we'd say: "uh, huh"! O.K., so I'm doing therapeutic touch, praying that he is well and he got so tired and relaxed that he rested his head between his wings - it was amazingly beautiful. I am still so touch by this, that it brings tears to me as I am writing. There was even a police officer that stopped and directed traffic - he taped it with his video cam on the police vehicle and I'm supposed to get a copy of the tape....still waiting! Anyway, I'm working with the eagle and started singing to him gently, that it was now time for him to get off the vehicle and to fly away and it was ok and that I loved him / her very much and would treasure how he touched my soul on this very day; and then the eagle turned, started moving a bit and flew off the vehicle to the side of the road and waited for Dept of Natural Resources to come and pick him up. I saw alot of pink around the eagle and so gentle and so strong and the energy was very, very, very strong as I felt it from quite a distance. I have to say that I had a little temptation to have a feather from him - but knew that it was not something I could do - only if he desired to leave me one would I take it.....

My husband & I stayed with the eagle well over 1 1/2 and he said afterwards "well we needed an experience like that - we were due to have a good nature experience" - my husband is not in the same field as I am (I do holistic healing and he's an accountant). So, for him to say even that was already something great. A shift happened on that day. A miracle happened on that day and I treasure this experience forever.

-©Lise Lemay 2007. Lise Lemay is a Holistic Health Practitioner (Reflexology, EFT Facilitator, Quantum Touch, Therapeutic Touch, Reiki, Body Reflexology, Healing with Chakra and Auras) in Letellier Manitoba. She has a great love of Mother Earth and enjoys discovering her treasures. Lise has several other pictures and stories that we will share in future issues.

Munay-Ki Rite #6 - Wisdomkeeper Rites

By Judith Hirst-Joyeux

The Wisdom keepers have all of the knowledge of all-time, that is past, present and future. These beings/lineages are willing and able to share when you are willing. You must approach them and ask for assistance. You will find they share wisdom with discretion as you must do. They will give you data (information) but will not tell you what to do with it unless you ask. Knowing what to do with data is knowledge. These Wisdom keepers provide a SOUL HEALING and past life healing on a mythic level.

Wisdom Keepers are about:

- balancing the DAYKEEPERS
- reflected in the mountains - keepers of information and in crystals - keepers of records
- masculine energy
- this energy helps us step out of time (shaman, dreamers, knowing)
- strong, wise and aloof reflect some of the characteristics

Villoldo sees the wisdom keepers as being related to the great mountains. The wise ones, the hermits, live on the mountains, or within the mountains.



Mt Everest is one such wisdom keeper.

Picture courtesy of Wikipedia consolidated information.

- *The Rites must be given in order, and are usually spaced out over several months to allow the protégée to have time to do the work to feed and grow the seeds. Contact judy@angelsandancestors.com if you have any questions or need further information.*

Visit us at:
angelsandancestors.com

© 2007 Angels And Ancestors. All rights reserved. This publication or any portion herein may not be reproduced in any form without the express written consent of Angels And Ancestors. Meaning: Yes, it is usually possible to reprint our newsletters on your web site, user group newsletter, etc. - but ask us first!

// Angels And Ancestors, Division of Hirst & Joyeux Solutions //

About The Great White Brotherhood

By Judith Hirst-Joyeux

There are many books written about the Great White Brotherhood with the earliest being written about 1912. Before that time, the different groups including the Great White Brotherhood, Ashtar's Command, Councilate of Ascended Light, and other fellowships that worked with humans were closely guarded secrets. Working with these groups was taught only in Mystery Schools, and then only by special invitation. The laws of the different countries at that time classified working with "mysteries" as "Devil's Work". Those involved with the Mysteries were called witches, devil worshippers or Satan's Guild. It was a dark time! Practitioners were both persecuted and prosecuted.

Times have changed, and we are all learning that there is much on Earth and in our solar system and further out in our galaxy that we do not understand. The group, The Great White Brotherhood (GWB) teams up with individuals on Earth to provide details of cosmic information, specialized healing techniques, and concepts of use and understanding of natural laws. GWB seems to show up for people in meditation, in visions, in dreams, and even during channeling whether it is written or oral. Members of GWB include ascended masters and beings from the heavenly realms (archangels, angels, spirits, guides, ancient ones) who have dedicated their purpose to working with beings on Earth. The group is called "white" because of their great white light and the essence of goodness that they work with. Membership in GWB is not restricted by anything other than the desire to help beings on Earth move forward in evolution. GWB has teams that work within arts and entertainment, education, healing, and enlightenment. The teams transcend race, religions, and politics.

GWB has healing teams, writing teams, and enlightenment teams that will assist the person in improving or expanding the work the individual is currently doing. The GWB team that works with me is the healing team who work with humans mostly through a program called the Medical Assistance Program. (Note that the Medical Assistance Program is also part of the title of a book written by Machaelle Wright). The individual may ask to have assistance when experiencing an illness and the GWB team shows up. The "asking" may be done either through meditation or through an invocation. Each individual will receive their own specialized team. The healing process initiated by GWB is unique to each individual.

The stories of healing, of writing, and of "knowing" profound truths through association with the Great White Brotherhood have been recorded as articles and books. These teachers come when we need them and leave us changed forever.

-©Judith Hirst- Joyeux. Judy is a sage, seer, shaman-healer. She was born with psychic gifts and could speak with Spirit and other entities at a young age. She had had various teachers over the years. In 2003, she became BodyTalk certified, in 2006, she became a Certified Angel Therapy Practitioner with Doreen Virtue.