



Angels And Ancestors



September, 2007

Rise Higher!

Volume 1, Issue 12

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From The Editors - SIGNS

What a marvelous year it has been for Angels And Ancestors! We read all the signs correctly - the signs that came from our Guides, our Angels, and from the Universe - telling us that it was time for us to start this business and to begin the newsletter. Therefore, this issue is devoted to "signs". We are pleased to have Paula Masterman and Dionne Hemsley help us with this celebration. They have each contributed an article to the September issue. We honour their contribution as a "sign" that we are growing.

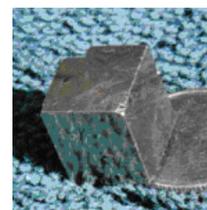
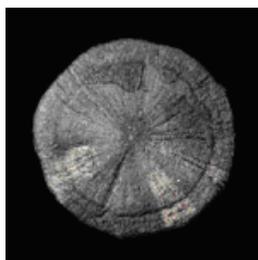
In the big picture of life, we are seeing more signs that we and the Earth are shifting. We are seeing huge weather changes, infrastructure collapses, and political changes. We will be including future articles around the shifts that are happening, more articles on crystals, case studies about different healing sessions, more information on Angel Therapy, and lots of miscellaneous articles. We will continue our Spirit Animal section since we have received so much feedback on the articles. A big THANK YOU to each of you that has taken time to respond to the SPIRIT ANIMALS. We honor you!

One of the articles we did on the animals was about doves. Further to that story, I had experiences with doves in England in June. While our group was at Glastonbury at the Chalice Well, doves flew over us and between us as we celebrated the power there with ceremony. Later, when we were leaving the Glastonbury Abbey ruins, a beautiful white dove flew up in front of us as though to honor the work that we did there, including time at the grave of King Arthur. For me, the dove provided a sign that I was doing what I should be doing. I was very grateful for the affirmation.

If there are any topics that you would like to see in the newsletter, please let us know at info@angelsandancestors.com. Namaste! Judy and Roger

The Contribution of Pyrite

by S. Roger Joyeux



The Pyrite Cube with a dime -© Roger Joyeux, 2007

"...beautiful, almost perfectly round, piece of pyrite..."
-©Roger Joyeux, 2007

Pyrite is fool's gold, but don't be fooled. It does not work with light frequencies. Almost all crystals or minerals work with light, but pyrite does not. Pyrite works with the body's etheric magnetic field, which works with light. "No foolin'!".

HOW IT WORKS...

To be sure that the dots connect, pyrite influences the etheric magnetic field's pattern of configuration, which in turn determines the light that enters the body's form. The etheric field filters light by its magnetic properties of attraction and repulsion.

Pyrite comes in either a roundish or a cube form. The round form can usually be held in One's hand and is the least evolved form. The cube forms are most often small (less than an inch square) or found in clusters. Some cubes are striated on each of their six sides; others are smooth. The smooth variety is the most evolved form.

ROUND PYRITE

Around Angels And Ancestors

(Hit Control and Click on the headline to get to the web site.)

Light Body Lay Out

Are you looking to rise higher in your vibration? Check out a light body layout.

Now You Have Choices For Types of Readings

Want to book an email reading – this is the spot to do it.

Labyrinths

Labyrinths have long been a tool to use to banish negative energies and to use to heal. Is there a labyrinth workshop that calls to you?

Past Life Regressions

Discover how your previous lives may influence your day to day path in this lifetime.

See Who Is Linked to Angels Website!

We have chosen a few fellow light workers to reference on our website. Let us know if you have an interest in linking with us!

Visit us at:
angelsandancestors.com

From a more practical point of view, I have a very beautiful, almost perfectly round, piece of pyrite that is roughly 3" in diameter. I use it on every crystal layout that I do in a primarily protective capacity. The etheric field can be envisioned as an onion with numerous concentric rings of influence. Pyrite works with the ring of the etherics according to its placement. My placement of the pyrite is normally 18" or so from the body, and nearest to the most significant portal for light in the room, i.e., doors or windows. Is this Feng Shui?

At 18" from the body, the round pyrite's task is simple. It enhances the etheric magnetic field's ability to attract or repel frequencies of light to which it is exposed. In this way, during a crystal layout, the client's body receives frequencies appropriate for its enlightenment and repels those that might cause problems or de-stabilize his or her vibration. Both the attraction and repulsion of light contribute to the person's continuity of well being, growth, and enlightenment.

CUBE PYRITE

The cube varieties are somewhat more complex. Both work primarily, or rather almost exclusively, with the third eye. The one with striations on each of its six sides is largely intended to "direct" thought patterns. Each of the six sides affects the third eye to influence a single concept or subject, different from the subject matter of each of the other sides. The cube, as a whole, deals with an overall area of study, and each of the six sides contributes to that area.

Each cube is set up to re-order the myriad of the mind's thoughts related to a particular conceptual framework or subject matter. Thoughts are then broken down into particular subject areas and regrouped in an orderly way. Each striation of a given side influences the etheric magnetic field that deals with a range of light frequencies that constitute a singular subject within the overall conceptual framework of that side. The presence of several striations infers several thoughts about the common subject.

As each side is striated, thoughts on six different, yet closely related subject areas are directed by the pyrite. The etheric field of the mind is reordered or reprogrammed by the striations of the cube. Thinking, then, follows lines of discernment according to the patterns of etheric influence generated by the pyrite. The etheric field of the mind is reordered or reprogrammed by the striations of the cube. Thinking, then, follows lines of discernment according to the patterns of etheric influence generated by the pyrite. Light moves in the ways that the reprogrammed etherics allow, and the individual comes under the influence of beliefs and perceptions that conform to the light movement.

The difference between the less evolved striated cube shape of pyrite, and the more evolved smooth-sided cube, is one of directed thought versus synthesis of thought. The smooth sided cube does not limit the parameters of the etheric patterns, and therefore, does not restrict, channel, or direct the parameters of conceptual thinking. The concepts within each subject area are allowed to mix and merge thus synthesizing individual thoughts into the larger whole. Smooth pyrite does not prevent the crossover of light frequencies. Striated pyrite inhibits the crossover of frequencies and prevents the crossover of ideas. Smooth pyrite then expands thought into larger, more complete concepts. In effect, light frequencies that are the raw materials of thought combine as an action of synthesis.

To use either type of cube pyrite, tape it to your forehead, especially when contemplating complex ideas. The striated pyrite will direct thought along avenues not previously considered, and the smooth variety will help the user to grasp the intricacies of the overall picture of difficult ideas.

Footnote from Roger: Many times, as I sat to write my books, I taped smooth cube pyrite to my forehead. Did it help? Well, check our website, <http://www.angelsandancestors.com/tsol.html>. The first book is available, and the second will be out soon.

-©Roger Joyeux. Roger is a light worker, healer, writer, and speaker. He journeyed to the Siddha Yoga ashram in Ganespuri, India in 1990; he danced the alignment of Earth at the 11:11 in Egypt in 1992; he channeled Archangel Michael at the Conclave of the Mother in 1994 at Mount Shasta; and he has created light stations in Alberta.

Work Shop Schedule

Rattle Making Workshop

One of the earliest gifts given to a baby is a teddy bear (or other stuffed toy) and a rattle. When the baby fusses, the mother or family member shakes the rattle and the soothing sound calms the baby. In all cultures, rattles are instruments of many talents. They sooth, cleanse, ward, and call. They are used in ceremony and as tools for the individual. The class will include all tools, hide, rattle objects, handles, sand, and ideas for decorating. As the hide will need to dry prior to painting, the final decoration will be done at home. The class will include a ceremony to clear space, setting the intent for the rattle, a short journey to see your rattle, cutting and sewing, shaping, attaching to handle, awakening the rattle, instruction on using and caring for your rattles and closing ceremony.

TIME: **Saturday, October 20, 2007, 9:00am - 4:00pm**

PLACE: To be determined by enrolment - minimum of 5 people required.

FEE: \$100 (includes all materials)

LUNCH: Bring a bag lunch

REGISTER: Please contact Judy at 403-225-2016 (Calgary) if you have an interest in this workshop.

Munay-Ki Workshops Update:

The Munay-Ki workshops have elicited many responses from the protégées currently taking the Rites. Some of the comments have been:

- "I have never seen visions like that, or gone so far!"

- "I realize we are very fortunate to receive these rites, they are a gift and are very powerful."

- "I feel that I now am truly understanding what my path is and why I see things so differently than people around me. Thank you!"

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// **Angels And Ancestors, Division of Hirst-Joyeux Enterprises //**

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BODYTALK System

Is your body feeling physically stressed? Do you have ailments that do not seem to heal?

Try a BodyTalk Therapy session with Judy.

Appointment openings are available on Mondays, Tuesdays, and Wednesdays. A session may also be done remotely either by phone or by email. Call 403-225-2016 to book an appointment.

If receiving the Rites resonates with you, please watch a wonderful multi part video on the Rites which is available at <http://video.google.com/videoplay?docid=-1170193336278947327>.

FOUNDATION RITES

Munay Ki Rites 1 and 2 (Healer Rites, Bands of Power)

September

- Conferring Rites and Teaching Session
TIME: **Wed, Sep 12 7:00 pm - 9:30 pm** FEE: \$35.00

October

- Conferring Rites and Teaching Session
TIME: **Wed, Oct 17 7:00 pm - 9:30 pm** FEE: \$35.00

Munay Ki Rites 3 and 4 (Harmony Rites, Seer Rites)

September

- Conferring Rites and Teaching Session
TIME: **Friday, September 7 7:00 pm - 9:30 pm** FEE: \$35.00

October

- Conferring Rites and Teaching Session
TIME: **Wed, Oct 3 7:00 pm - 9:30 pm** FEE: \$35.00

November

- Conferring Rites and Teaching Session
TIME: **Wed, Nov 14 7:00 pm - 9:30 pm** FEE: \$35.00

RITES OF ARCHANGEL AND ANGEL VIBRATION

Munay Ki Rites 5, 6 and 7 (Day Keeper Rites, Wisdom Keeper Rites, Earth Keeper Rites)

September

- Conferring Rites and Teaching Session (Must have completed Rites 1-4 by July 27)
TIME: **Sat Sept 8th from 9:00-12:00 pm** FEE: \$35.00
- Conferring Rites and Teaching Session
TIME: **Wed Sep 26 6:00 pm - 9:00 pm** FEE: \$35.00 (Must have completed Rites 1-4 by Aug 25)
- Conferring Rites and Teaching Session
TIME: **Sat Sep 29 1:00 pm - 4:00 pm** FEE: \$35.00 (Must have completed Rites 1-4 by Aug 25)

Munay Ki Rites 8 and 9 (Star Keeper Rites, Creator Rites)

October

- Conferring Rites and Teaching Session
TIME: **Wed, Oct 24th 7:00 pm - 9:30 pm** FEE: \$35.00
(Must have completed Rites 1 thro' 7 by Sept 8th)
- Conferring Rites and Teaching Session
TIME: **Sat Oct 27th 9:30 am to 12:00pm** FEE: \$35.00
(Must have completed Rites 1 thro' 7 by Sept 8th)

November

- Conferring Rites and Teaching Session
TIME: **Wed, Nov 8th 7:00 pm - 9:30 pm** FEE: \$35.00
(Must have completed Rites 1 thro' 7 by Sept 30th)
- Conferring Rites and Teaching Session
TIME: **Sat, Nov 10th 1:00 - 4:00 pm** FEE: \$35.00 (Must have completed Rites 1 thro' 7 by Sept 30th)

Location: Rites will be given at 331 Deercroft Place SE Calgary.

Registration: Call Judy at 403-225-2016 to register.

Note: If you do not want the training around the Rites, the Rites may be conferred without charge. Contact Judy for further info - judy@angelsandancestors.com.

If the dates listed do not work for you, contact Judy about arranging a date and time convenient for you.

Famous Quotes on Signs

"Tenderness and kindness are not **signs** of weakness and despair but manifestations of strength and resolution"
-Kahlil Gibran

"Life is one big road with lots of **signs**. So when you riding through the ruts, don't complicate your mind. Flee from hate, mischief and jealousy. Don't bury your thoughts, put your vision to reality. Wake Up and Live!" - **Bob Marley**

"Dreams are road **signs** along the nighttime highway of sleep." - **Astrid Alauda**

Sign, Sign, Everywhere a Sign

by Paula Masterman



"...horses strolling at the water's edge..."

©Paula Masterman 2007; Used with Permission

Why I agreed to present at our monthly Goddess Gathering this month – when I was headed to an ocean getaway with hubby, when I had deadlines looming, when my volunteer commitments piled up, when the month seemed as short as it was – I'll never know. But I did. So, in amongst the beach towels, my book, and the assortment of odds and ends that we all feel compelled to pack for a vacation went my Goddess books, pen and paper. I would find a quiet moment, a spot on the beach and compose my presentation for my Goddess friends.

Luckily, the weather was beautiful, and when my hubby decided to take a well-deserved nap I figured this was my opportunity. Settled against a most comfortable sand dune, with the surf at my side, I set to my research. Instead of our usual choice of focusing on one particular Goddess to discuss, I decided we all needed a little boost

so I chose Goddesses of Strength as my topic.

The research went well (I love my resource – Kris Waldherr's books on the Sacred Feminine) but I felt I needed something more ~ something unique to present to my friends. I decided to write a mantra, a meditation that we could all pull from our tool belts whenever the need arose. But what do I write? I've never attempted anything like that before – and oh my stars – people would be saying *my words*???? What was I thinking????

But, I felt that Angelic nudge - so I sat quietly, listened to the surf, to the seagulls, to the beachcombers laughing and wrote whatever came to me. Hmmm...that's not bad. But could it really be effective? Could it really summon up our inner power, our strength from within? At that very moment, full of doubt, I looked up from my notepad and saw horses strolling at the water's edge...eleven of them to be precise! The Animal Medicine Totem for Horse is all about power, about our inner strength and to find 11 of them! Eleven is a very powerful number in numerology as well as Angel numbers, meaning power through creativity. As soon as I saw those horses, I understood the power of this prayer and I was very excited to share it with my friends at our next Goddess Gathering.

I found my personal strength and my voice. Thank you Spirit, thank you Goddess, for my affirmation! We did it!

The Goddesses of Strength that I shared at our gathering were Artemis from Greece, Oya from Nigeria, Kwan Yin from Asia, Isis from Egypt, the Russian Zorya Sisters, Welsh Gwenhywfar, and Nyai Ioro Kidul from Japan. I'm honored to share my prayer with you, too~

Sisters of Strength
I ask you to join me now
And guide me
Whisper in my ear and I will listen
Show me the way and I will act
Provide me with the words and I will speak
With your strength and with mine
Thank you Ancient Ones

~~~~~

*Now that her sons are grown, Paula Masterman shares her time between being an Angel Therapy Practitioner® and beadwork artist. She has an upcoming workshop "Meet your Angels" later this year. Paula is a talented artist and had an art exhibition at 5 Windows Gallery in Weaverville this June. The Sacred Feminine has inspired some of the beaded sculptures in her series "Goddesses Surround Us". Some of Paula's art is featured on her website [www.angelicalchemy.org](http://www.angelicalchemy.org)*

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## Your Headache Could Be A Sign Of....

By Dionne Hemsley

Do you often suffer from headaches, migraines? What do you do when you get one? Do you see your chiropractor or massage therapist or do you medicate? Although medications may alleviate the pain quickly, they don't treat the underlying cause of your headache. If your headaches are a regular affliction, they are a sign of an internal imbalance. Shiatsu therapy is an avenue of care that can get to the root of your imbalance and alleviate your headaches for good!

When you see a shiatsu therapist with a complaint of a headache, the therapist will ask you a number of questions. The purpose of these questions is to find the underlying root or imbalance, according to Traditional Chinese Medical Theory (TCM).

For example, if you experience frontal headaches, this indicates an imbalance with your stomach. Further questions would include "Do you get headaches when you are hungry or when you eat certain foods?" Or perhaps you have been studying or worrying a lot lately as the stomach is psychologically related to over thinking.

If you have "bladder headaches" then they usually start at the occipital (back of head) and may move to the eyes. Maybe you have a bladder headache because of neck or back tension or perhaps you have a history of bladder

infections. Maybe you are craving salty foods? The bladder (and kidney) is associated with the flavour of salt.

If your headache is on the side of your head it is a "gallbladder headache". Perhaps you have fallen or have been hit from the side. Or maybe you or any of your family members have had gallstones or difficulties digesting fats? Psychologically, people with a gallbladder imbalance are often indecisive and crave sour foods.

Perhaps your headache moves to different parts of your head. Are you angry, irritated or frustrated? This indicates a "Liver Wind Headache". If you suffer from headaches during Chinooks, then your liver is imbalanced.

Once your shiatsu therapist asks these questions, then he/she will have an idea on which meridians and pressure points to focus. She will also work any areas of tension and don't be surprised if your shiatsu therapist spends extra time on the feet. There are some very important points on the feet for treating any headaches as these points help to move the excess energy that is causing the pain in your head. Your shiatsu therapist's intentions are to help correct your imbalances so that the frequency and pain level of your headaches will decrease as will your dependency on medications.

*Dionne Hemsley is a Shiatsu Therapist who graduated from the Shiatsu School of Canada in Toronto. She has been practicing since 2001. For more information about Dionne and shiatsu, you can visit her website at [www.balanceshiatsu.com](http://www.balanceshiatsu.com).*

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## Spirit Animals – Buffalo

*By Judith Hirst-Joyeux*



- Picture courtesy of Microsoft ClipArt

The buffalo has always had a special place in my life. When I was six or seven, I tried to get into the buffalo compound at the zoo because it was so fascinating to see these large creatures eating hay just like our cows did. When I was fourteen, a lone buffalo crossed the prairie from about fifty miles to the north of our farm to some two hundred or so miles to the south of us where he would join a small herd. The sight of this buffalo going straight across the fields, regardless of fences or humans or interference from dogs, was amazing!

The farmers along the buffalo's path all reported on its progress. In many instances, it frightened the cattle and caused some minor stampedes from one side of the pasture to the other. Buffalo simply ignored them all.

Buffalo, in the natural setting, always faces the storm, always finds the shortest or easiest path between itself and its destination, and generally moves with the herd for safety and protection - unless it has a different calling. If a major storm interferes with Buffalo's travels, he finds the middle of the storm and simply walks through the storm, head down, to get through the weather in the shortest possible time. Buffalo never wonders whether the decision is the right one, it simply "knows".

How many lessons can Buffalo give us on living life? The most basic are:

1. always follow the easiest path. If the path is not easy, then that destination is not for you.
2. in times of difficulty, put your head down and keep going. This is the quickest way to get through the problem.
3. always follow the crowd, unless it doesn't make sense to you. Then, move out and follow your own path without letting anyone or anything deter you.

I wish you "Buffalo Medicine".

-©Judith Hirst-Joyeux July 2007. This story first appeared in Judy's "Rise Higher" Blog in July. To comment on this article, email Judy at Email [judy@angelsandancestors.com](mailto:judy@angelsandancestors.com).

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## Munay-Ki Rite #4 - Seer Rites

*By Judith Hirst-Joyeux*

After receiving the Healer, Bands of Power, and Harmony rites, it seems to follow that one should receive "Seer" rites. Seers are a lineage of beings or individuals who have the ability to see past, present, and future as well as to see the invisible energy world around them. The process to allow this to happen is to connect the visual cortex in the brain to the third eye and the heart. This is done using filaments of light from one's aura. The protégée then needs to feed the rites to germinate them. Using the seer rites, the individual may begin to "see" more energy around them, and around others. They may "see" patterns more clearly in their own lives. They may "see" what their life journey is. Anything is possible! The magic is in the gift of connecting with ones lineage.

- The Rites must be given in order, and are usually spaced out over several months to allow the protégée to have time to do the work to feed and grow the seeds. Contact [judy@angelsandancestors.com](mailto:judy@angelsandancestors.com) if you have any questions or need further information.