



# Angels And Ancestors



July, 2007

## Rise Higher!

Volume 1, Issue 10

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### Around Angels And Ancestors

(Hit Control and Click on the headline to get to the web site.)

#### Light Body Lay Out

Are you looking to rise higher in your vibration? Check out a light body layout.

#### Now You Have Choices For Types of Readings

Want to book an email reading – this is the spot to do it.

## Bell Rock

All is well when you walk in the vortex energies of Sedona, Arizona, as it was when I hiked Bell Rock a month or two ago. Going to Sedona is like taking a bath in the light of ancient sanctuaries. Long has the Red Rock basin of this special area held the space for light coming to Earth. It is one of Earth's major light stations.

I had climbed Bell rock before. It was 1994 then, and without a local guide to point the way, I did not find the route to the top. With my wife by my side this time, the thought of going to the top seemed even more remote.

The National forest Service has developed the hiking trails to accommodate the less spirited hiker. These trails skirt the base of Bell Rock; they are well marked; yet the terrain is still too rugged for wheelchair access. Later that day, the two young men that I knew were heading to the top were not in wheelchairs.



© Judith Hirst-Joyeux 2007 Roger at Bell Rock

Nor were they keen on letting their presence be known. Climbing to the top is no longer an approved activity. Two things about Bell Rock stuck out. The first was the odd growth of the trees. The second came from my angelic guidance. Bell Rock is an energy vortex that receives higher dimensional energy in a counter-clockwise swirl around its form. Light frequencies for empowerment, and the same light that comes in such abundance, give Sedona its sacred place in the enlightenment of the planet. Living organisms that take up their home in the immediate area dwell in the swirling vortex. Its energies shape their forms. The trees are the most recognizable benefactors. Throughout the Sedona basin, and especially on Bell Rock, the trees grow into twisted shapes. Their growth patterns follow the flow of vortex energies. Just looking at the trees on the side of Bell Rock, the twists in the trees' trunks catches one as being a local oddity. The presence of such a visible sign of the high energies of the vortex was truly a comfort. I knew that heaven on Earth was close at hand.

The second thing that stuck out was the immense burst of population growth. Sedona increased by 10,000 people since my last trip. Deducing that the vortex energies attracted a lot of people was not a stretch. Looking around though, I had to ask if the consciousness was higher or lower. Of course, guides from the heavens do not contemplate such judgments. Their perspective pointed to the overall picture. The Earth's empowerment has been going on for a long time. Sedona has been a light station bringing light to Earth for a long time. The immediate need to maintain specific light stations has given way to the generalized enlightenment of the planet on a global scale. Earth is no longer in the dark ages. The cold war is over, and even George Bush is coming to the end of his term of terror. The light stations of Earth are now so firmly rooted; and the empowerment of Earth is so widespread that the formerly pressing need for specific anchor points for light has passed.

The light coming to Sedona is as powerful as it has ever been, yet Sedona is no longer in isolation. The rest of the planet is rapidly catching up. There is no longer a need to maintain the pristine purity of Sedona's vibration. The consciousness of the Sedona area vacillates more than before and with the increase in population lower consciousness has displaced higher consciousness to some degree. Yet, in the same way, in other places on Earth, higher consciousness has displaced lower consciousness. Therefore, the larger consciousness remains in balance and is rising steadily.

With a steady movement upward in a global sense, the need for specific light stations having pristine vibrations that are almost the only place the heavens can connect is no more. The heavens, our souls, our guides, and those who want to work with the Earth can do so without making the step of incarnating. Communication with the heavens is getting quite commonplace in all but the darkest places on Earth. The population explosion in Sedona, then, brings lower consciousness, yet lower consciousness is no longer a concern. The light station works well enough, although not as well as before; and the light needed on Earth has numerous geographical locations to which it can be projected. Bell Rock and the Sedona basin remain as monoliths of high vibration to which light is attracted, yet they no longer carry an air exclusivity. May the light shine everywhere. -©Roger Joyeux. Roger is a light worker, healer, writer, and speaker. He journeyed to the Siddha Yoga ashram in Ganespuri, India in 1990; he danced the alignment of Earth at the 11:11 in Egypt in 1992; he channeled Archangel Michael at the Conclave of the Mother in 1994 at Mount Shasta; and he has created light stations in Alberta.

## Labyrinths

*Labyrinths have long been a tool to use to banish negative energies and to use to heal. Is there a labyrinth workshop that calls to you?*

## Past Life Regressions

*Discover how your previous lives may influence your day to day path in this lifetime.*

## See Who Is Linked to Angels Website!

*We have chosen a few fellow light workers to reference on our website. Let us know if you have an interest in linking with us!*

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## From The Editors - Sacred Sites

All of us have experienced the stillness and power of a sacred site or place. The places range from cathedrals to sacred stones or rocks to medicine wheels, and even beautiful spots in nature. The power draws us to the sites. The stillness keeps us there. We have been blessed with opportunities this year to travel and touch sacred places. In turn, these places have touched us, and left us forever changed.

We will be running further articles on the Sedona area and the magical events that we experienced. Judy traveled to England on June 15th and was able to travel to many of the sacred sites - Woodhenge, Stonehenge, Avebury, Glastonbury, and crop circles. These stories will be in upcoming issues.

As part of the completion of the sacred sites tour in England, we held a summer (or midsummer's eve) solstice event on June 23rd. As part of the ceremony, Roger and I and our guests linked our yard and the sacred sites we visited into a new earth grid. Watch for some articles on ley lines and grids. We are grateful for all our blessings! Namaste! Judy and Roger

## Work Shop Schedule

### Munay-Ki Workshops

A video on the Rites is available at <http://video.google.com/videoplay?docid=-1170193336278947327>. The video is in four parts at this website.

Munay Ki Rites 1 and 2 (Healer Rites, Bands of Power) <ul style="list-style-type: none"><li>Conferring Rites and Teaching Session TIME: Wed, June 27 7:00 pm - 9:30 pm FEE: \$35.00</li></ul> July or Conferring Rites and Teaching Session TIME: Saturday July 7th 1:00pm - 3:30 pm FEE: \$35.00	Munay Ki Rites 3 and 4 (Harmony Rites, Seer Rites) <ul style="list-style-type: none"><li>Conferring Rites and Teaching Session TIME: Wed, July 18 7:00 pm - 9:30 pm FEE: \$35.00</li><li>and Conferring Rites and Teaching Session TIME: Sat July 21 from 1:00-3:30pm. FEE: \$35.00</li></ul>
August <ul style="list-style-type: none"><li>Conferring Rites and Teaching Session TIME: Wed, Aug 8th 7:00 pm - 9:30 pm FEE: \$35.00</li><li>or Conferring Rites and Teaching Session TIME: Saturday Aug 11th 9:00 -12:00pm FEE: \$35.00</li></ul>	August <ul style="list-style-type: none"><li>Conferring Rites and Teaching Session TIME: Wed, August 22 7:00 pm - 9:30 pm FEE: \$35.00</li><li>and Conferring Rites and Teaching Session TIME: Sat August 25 from 9:00-12:00 pm. FEE: \$35.00</li></ul>
<b>Rites of Archangel and Angel Vibration</b> Munay Ki Rites 5, 6 and 7 (Day Keeper Rites, Wisdom Keeper Rites, Earth Keeper Rites) <ul style="list-style-type: none"><li>Conferring Rites and Teaching Session (Must have completed Rites 1-4 by July 27) TIME: Wed, Aug 29th 6:00 pm - 9:00 pm FEE: \$35.00</li><li>and Conferring Rites and Teaching Session (Must have completed Rites 1-4 by July 27) TIME: Sat Sept 8th from 9:00-12:00 pm. FEE: \$35.00</li></ul>	Munay Ki Rites 8 and 9 (Star Keeper Rites, Creator Rites) (Must have completed Rites 1 thro' 7 by Sept 8th) <ul style="list-style-type: none"><li>Conferring Rites and Teaching Session TIME: Wed, Oct 24th 7:00 pm - 9:30 pm FEE: \$35.00</li><li>and Conferring Rites and Teaching Session TIME: Sat Oct 27th from 9:30 am to 12:00 noon FEE: \$35.00</li></ul>

Location: Rites will be given at 331 Deercroft Place SE Calgary.  
Registration: Call Judy at 403-225-2016 to register.

Note: If you do not want the training around the Rites, the Rites may be conferred without charge. Contact Judy for further info - [judy@angelsandancestors.com](mailto:judy@angelsandancestors.com).

If the dates listed do not work for you, contact Judy about arranging a date and time convenient for you.

### Planetary Reading

Book your Planetary Spread Reading for July or August. This reading focuses on the star shape layout and covers Moon, Mercury, Venus, Sun, Mars, Jupiter, and Saturn. This spread covers the present time and near future and uses seven cards with an additional querent card, a perfect guide for planning your career, financial matters, and personal life. This spread takes approximately 1 hour and 15 minutes and for July and August only is being offered at \$85.00 either in person or by phone. Call Judy to arrange your time at 403-225-2016.

## A Mother's Day Gift

*Editor-* We are pleased to feature a story from a friend and fellow Angel Therapist practitioner, Paula Masterman.

Larry was making breakfast this morning for Nana and I when we heard that familiar springtime "thump" on the front window. Knowing it was another bird that had gotten confused and flown into the window, we looked and there on the deck were two hummingbirds. One looked fine and was standing guard with the wings outstretched while the other was on it's side, gasping.

Larry kept the cats inside while I went out to see if I could do anything - I've helped the birds many times before. The one with the outstretched wings took off up into the tree and stayed there - watching me. I gently scooped up the other one, asked the Angels to assist me and began some gentle Reiki. I heard the one in the

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tree chirping - and the one in my hand answered. After just a few minutes, it got up on it's feet, and seemed content to just stay put. It stayed in my hands long enough to get a picture - and then with a whrrrrrr, it flew up into the tree with it's partner. They both looked down at me and then off they went to some flowers.

It was such an incredible feeling inside. Truly magical! I thanked the Angels for their assistance and the Universe for the Reiki - and went inside to enjoy a wonderful Mother's Day brunch.

♥♥♥



© Paula Masterman 2007; Used with permission

*Now that her sons are grown, Paula Masterman shares her time between being an Angel Therapy Practitioner® and beadwork artist. She and her husband, Larry, have thrived the last 18 winters living in Trinity County, California amongst the pine trees and wildlife. She grew up in San Francisco and still has a soft place in her heart for the ocean and the City but finds great inspiration living in the rural, natural setting of Weaverville. Paula has been a Reiki Master for several years and finds that it is a great compliment to her energy work with the Angels. She has an upcoming workshop "Meet your Angels" later this year and has an upcoming art exhibition at 5 Windows Gallery in Weaverville this June. Her artwork will include beaded sculptures from her series "Goddesses Surround Us" inspired by the Sacred Feminine. Watch for Paula's new website [www.angelicalchemy.org](http://www.angelicalchemy.org) available in a few weeks.*

## Spirit Animals - Cougar

Cougars are what is called a "new world" animal. They live only in North and South America and they are found from the Yukon in Canada down into the high Andes of South America. When this picture arrived in my email, I felt shivers through my body.

First, Cougars are very shy and normally stay widely clear of people. To have this Cougar right up against the building and looking through the door is irregular behaviour. Two, Cougars are more often found in mountainous areas, and not often found out on the prairies. Three, Cougars are territorial and although they may have a large range, they seldom leave it. Cougar, then, must be sending a message to humans.

Cougar is incredibly fast for short periods of time. It is extremely agile, and even though it is between seven to nine feet long, including its tail, may leap over forty feet. Cougars are solitary, and travel together only at mating time. Cougar is an incredible hunter and tactician. It can hide from its enemy, man, easily because it blends in with the surrounding mountainous colors - brown, grey, tan - and moves very silently. Cougar does not roar like other big cats. Its sounds are more exaggerated noises of snarls, yowls, and growls. When Cougar commits to action, it never backs down. Cougar kills with a bite to the back of the neck or by ripping out the soft underbelly.



**This picture arrived in an email so we are not able to attribute the credit for the photo to the photographer. It was taken by someone living in Swan River, Manitoba, and shows the Cougar on their deck. The Cougar was outside the screen door and was watching the children play on the floor.**

Cougar is about leadership and courage, and committing to action in a decisive manner. Cougar does not act within a committee mindset. Cougar can teach you how to balance your strength, integrity and power with your intention to reach the best solution for everyone.

If Cougar is appearing in your life, then you are being warned to watch how you speak to others and to monitor how your actions impact others. Are you too direct and threatening? Or, are you not direct enough? Do you need to be more reserved, or do you need to protect your beliefs? Cougar is a loner. Do you need to back off of social activity and spend more time in contemplation? Cougar is territorial. Do you need to set boundaries and limits? Cougar minds its own business (territory). Are you crossing over boundaries and upsetting people?

Earlier, I mentioned that Cougar must be

sending a message to humans. Mother Nature is in a huge period of change right now. She is violating what we have come to think of as the "natural order". Storms where there were none, many out of season. The polar ice caps are melting.

The Cougar is reflecting this change. During 2006, Cougar was seen hunting around a school yard in south western Calgary, and on Vancouver Island in 2006, a man saved his four year old who was attacked by a Cougar in a park. The natural food of Cougar is deer, elk, and moose. All of these are plentiful. Cougar is now hunting man and targeting that which is most precious - the children. This may be in retaliation for all the years of

## BODYTALK System

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hunting that Cougar has endured. Cougar is also warning man about taking away any more of its territory. When humans are fighting over land in a war, very often it is the children that are the victims.

If Cougar is in your life now, you are in for a time of dramatic change. Some of what happens may seem to be out of the order of things. Look for the big picture and jump the distance to grow and change and move to your place of leadership.

-©Judith Hirst-Joyeux 2007. *The Cougar is also called puma. Although it has pretty much disappeared from the east, Cougar's numbers are now recovering in the west, and it is now classified as Near Endangered. Based on this picture, Cougar seems to be migrating East into more populated areas. Confrontations between man and Cougar may happen more frequently. Cougar seems to be urging us to take our place as natural leaders in the land instead of allowing politicians and developers and corporations to control what happens to the Earth. We would love to hear your feedback on this article. Email [judy@angelsandancestors.com](mailto:judy@angelsandancestors.com).*

## You Asked Us - Life Best Practices

Editor - We are pleased to bring you more questions and answers on life helping practices.

Q: Dear Judith---I have gone to several card readers now, and each time, one of the cards that shows up in my reading is a hanging man. Some of them tell me that this represents a problem that will occur shortly in my life, or even a death in my life. Other readers talk about change. What is this card really trying to tell me? Thanks, Jen



A: It is very difficult to tell someone what the card is trying to tell them without seeing the rest of the reading. So, let us simply work on the various meanings of the card. First, the meaning of the card varies somewhat with the deck design and purpose of the deck. In the traditional Waite deck which is a benchmark deck for describing the cards, the Hanged Man is usually an optimistic card, at least that is my view. The card is significant because it is about letting go - let your emotions go; accept what is and that all you can do is "hang" on for the ride; surrender and experience this period of time; end the struggle and accept; be open and trusting to what ever new is coming your way; give up control and be at peace with that (look at the expression on the hanged man's face. It is quite serene.) And accept the will of Great Spirit, God, the Universe or Buddha.

The Hanged Man is suspended. This has parallels in mythology when Odin, Norse God was suspended from the Tree of Life for three days and nights. In that time, one is reflecting, feeling outside of time, just being and giving up moving forward. For sure, when you are hanging, you are living in the moment and waiting for the opportunity to get off the tree. Depending on the cards surrounding this card, it is about being in such a period of change that your world turns upside down and you gain a new perspective and a new direction in your life. As above, so below. Sometimes you need to turn things around to see the truth.

The concept of death is about the "death" of an old way of being and the welcoming of a new life. It may be the death of selfishness, and the arrival of a kinder gentler person. Additionally, it may be the surrendering of old character traits and "hanging around" to pick up new ones. It takes quite a bit of fortitude to hang upside down. When Odin came off the tree, he had acquired all world knowledge and understood that Thought and Memory were external to one's needs and to one's understanding of life. If you are getting the Hanged Man in your readings, life will be changing over the next year. Enjoy the scenery! Blessings! Judith

## Munay-Ki Rite #2 - Bands of Power

The Bands of Power have existed outside the Munay-Ki Rites, and stand in their own place as part of the Inka Mystery teachings. These Bands of Power are shields of energy that are used to protect our energetic system from negative energies that surround us, so that we can walk with protection in the world. The bands of power transmute negative toxic energies into the elements. The Bands are very useful for healers or others who are exposed to negative persons, situations or toxic energy. The Bands do protect the individual from direct and indirect hits of bad-wishing, jealousy, and anger as well. It is important to feed the Bands to maintain their strength. The Bands may be installed without going through the Munay-Ki.

If the Bands are implemented as part of the Munay-Ki, they are installed as Rite #2. For those that see light, the Bands look like five luminous belts or bands of light around the body. If one has had the Bands installed before, it is necessary to have the Bands installed again. The Bands still filter out negative energy into Earth, Air, Fire, Water, and Light. However, the power of the Bands is intensified as they are now part of a powerful continuum of energy. The power of the Bands is always present, provided they have been maintained. The Bands enhance any other protection that the individual may use.

See more on Munay-Ki at [www.angelsandancestors.com](http://www.angelsandancestors.com). -©Judith Hirst-Joyeux 2007. Judy has received her Rites and the training to continue the practice of passing the Rites on to others.