



Angels And Ancestors



April 1, 2007

Rise Higher!

Volume 1, Issue 7

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Around Angels And Ancestors

(Hit Control and Click on the headline to get to the web site.)

Light Body Lay Out

Are you looking to rise higher in your vibration? Check out a light body layout.

Now You Have Choices For Types of Readings

Want to book an email reading – this is the spot to do it.

Labyrinths

Labyrinths have long been a tool to use to banish negative energies and to use to heal. Is there a labyrinth workshop that calls to you?

Energetic Healing

We have added healing services. Ask us about distance healing!

Past Life Regressions

Discover how your previous lives may influence your day to day path in this lifetime.

See Who Is Linked to Angels Website!

We have chosen a few fellow light workers to reference on our website. Let us know if you have an interest in linking with us!

DID a friend send you

The Goods on Clearing Crystals

Understanding why crystals need clearing makes knowing how to do it easier. By now, someone has said, "put them in the window for an hour", or "get a glass of clean water, then put them in the glass in the window", and perhaps, "put salt in the water". Which is correct? All of the above!

One of the primary reasons to clear crystals is, rather, to charge them up. They create light within, and they transfer light. When a person uses a crystal, its light, and the transferred light, are consumed. Putting them in the window in sunlight re-charges them. It replaces the light lost. For the quartz stones and almost all others, the window works well.

Malachite, and stones that work with a few different frequencies in tandem, such as Labradorite, need balancing more than recharging. Malachite splits individual frequencies into their negative and positive aspects, thus making it especially vulnerable to chronic imbalances. Labradorite uses the green, blue, and gold sets of light frequencies in an uneven manner. Each set will need to be recharged and balanced with the others. For these two stones, the window, water, and sea salt are best. If you use an elstial, which also deals with many sets of frequencies, put it in salted water as well.

Sea salt is better than table salt; yet do not use more than 10 grains at any time. Table salt consists of chlorine and sodium, while sea salt adds minerals including magnesium and potassium. The better sea salts will reflect the regions of their origin and may include trace amounts of zinc, iron, copper, and more. Each mineral element of salt becomes a positively or negatively charged ion, when dissolved in water. The polarity of the ions works to correct the polar imbalances in the crystal resulting from their use. When ions of different varieties are used in the water, the balancing effect is more thorough and complete. Because light frequencies are so very subtle, only a small amount of ionization is required. Therefore, only a few grains of salt or sea salt are necessary. Beyond a dozen grains, the ionization is overwhelming. The idea is not to rust your crystals.

Some crystals such as Kyanite, Black Tourmaline, and Azurite, along with some of the grounding stones, need little or no clearing. Kyanite's vibration is simply too fast and high to allow negative vibration any opportunity to attach itself. Black Tourmaline and Azurite are almost the only two stones that do more with negativity than merely displacing it with the light they bring. Because these two actually alter negative vibration, they do not need clearing. However, they always appreciate the recharge they get when placed in the window.

Crystals are alive with light. The better they are treated, the better the light they bring.

©Roger Joyeux – Roger has been using crystals and their light in his light work since the early 90's. Roger offers workshops on crystals. Check the Calendar at www.angelsandancestors.com for details and dates.



Elstial – known for its ability to work with several ranges of light frequencies. ©Roger Joyeux

"Crystals are alive with light."



Malachite splits light into its negative and positive aspects. ©Roger Joyeux

Need a higher vibration? Roger uses crystals in his Light Body layout to help raise a person's vibration.

From The Editors - Equinox Celebration

Roger and I and our friends enjoyed an unforgettable equinox/solstice event by welcoming Spring on March 21. We are thankful to Rachel White for sharing her pipe and starting our celebration with a traditional Northern Cree Pipe Ceremony. Our equinox circle took place in our yard around the fire. We used the pagan ceremony of the Standing Stones, a celebration of Mother Goddess and Father God, to bind the circle and draw down the power for each of us to set our intentions in front of the Goddess/God and the group.

The turning of the seasons is an event that our ancestors celebrated regardless of which part of the world they lived in. Our modern society pays no attention to equinox. Because our economy is no longer based on hunting and farming, the seasons changing are insignificant in our overall survival. At Angels, we believe the changes are a chance to shed our past and accept the now.

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Robins and spring © Roger Joyeux

To everyone who could not attend and to those who have inquired about our celebrations, we are planning to have the summer and winter solstice events, and the autumnal equinox gathering. We will be posting the dates on the web site for all who wish to attend. Even though the day has passed, we suggest that you write out what you wish to give up and what you wish to get, and list out those people that you wish to give blessings to because you are grateful for your own life. After completing this, you too will have celebrated the Equinox.

Namaste! - Judy Hirst-Joyeux and Roger Joyeux

Principle of Non-Interference

Those who walk the Path are in the process of becoming "at one with" or "in harmony with nature". We believe that harmony is when our actions flow with what is going on around us. There is no discord, disharmony or effort. The action is simple. We do not have to fight or struggle to achieve. Achievement simply "happens". What is being described is a Taoist belief. Simply put, Taoism is the English name for a cluster of Chinese religious and philosophical traditions.

In the western world, we have adopted many of these beliefs and yet struggle with recognizing the principle of non-interference. We struggle with knowing "proper action" - knowing when to act or not to act according to one's limitations, desires, and capabilities. We also constantly struggle with others by interfering in their affairs. On the Path, one strives not to interfere in the paths of others, nor to allow others to interfere in our affairs. One offers guidance and assistance when the Seeker asks for it. One does not give unsolicited advice or "should" on people (as in "you should do..."). One does not interfere in the person's activity unless invited to do so, since by interfering, one may disrupt a life lesson that will then need to get repeated, and maybe repeated in a harsher manner. If one feels strongly about offering assistance, then it is proper to preface the advice or suggestion by asking for permission to provide the guidance. Upon receiving permission, then provide a brief explanation. If the Seeker requires more detailed information, then they will say so.

The difficulty we have in our society is being excited about what it is we are doing. When someone asks us about "what we are up to", we may go on at length, because of our passion in the topic. If the other person is not interested, then it is their Path to stand, without being rude, and say that they do not need that much information. If both parties are in the flow, this will be an effortless exchange. If someone offers unsolicited information about how many guides are around you, etc. and does not have permission to disclose this, then this would be considered interference. Even the angels must be "asked" to provide assistance before they can enter the activities of one's life.

-©Judy Hirst-Joyeux This article is part of our informative series on spiritual ethics as requested by some of our readers. Any comments on this article may be directed to info@angelsandancestors.com.

From "The Story of Light" - used by permission from the author, Roger Joyeux. Drawing by Sara Roer.



Those who walk the Path are in the process of becoming "at one with" or "in harmony with nature."

Work Shop Schedule

All Registrations may now be done on line.

Times don't work for you? Contact us about individual instruction.

April

May

April 5, Thursday, 7:00 pm to 9:30 pm:

Workshop: "Spiral Labyrinth"

We will look at the history of this labyrinth. Then we will learn how to clear it and then walk it. We look at walking it to find your path, what blocks you on the path, and what will set you free. Bring your journal. Space limited. Register on line or call Judy at 225-2016

April 11, Wednesday, 7:00 pm to 9:30 pm:

Workshop: "Three Circuit Labyrinth"

This workshop is a combination of action and learning. We will look at the history of the labyrinth. Then we will learn how to clear it and then walk it. We will walk it several times to experience how it represents the Triad, how it may be use in healing and diagnosing Physical, Mental and Sacred Issues. We will discuss what happened and some of the possible reasons. We will walk it four times. Feel free to bring your journal. Space limited. Register on line or call Judy at 225-2016

Every Tuesday – May 1, 8, 15, 22, 29 7:00pm to 9:30 pm

Workshop – Labyrinths

May 1 – Spiral Labyrinth

May 8 – Three Circuit Labyrinth

May 15 – Seven Circuit Labyrinth

May 22 – Personal Labyrinth

May 29 – Labyrinth and Runes

Each of these classes can be done as a stand alone or as a series. The workshops cover the power of the labyrinth, how it may be used as a tool, and how to interpret what happens as you walk it. Bring your journal to capture your experience! Space limited to ten people per workshop. Complete descriptions of the workshops in the Calendar at Angelsandancestors.com. Register on line or call Judy at 225-2016.

May 27 and June 3, SUNDAYS, 9 am to 3 pm:

Workshop: "Crystals and Their Light"

Learn how Crystals use light. To understand crystals, first understand light. Then understand how light works with our

April 22, SUNDAY, 11am to 4:30pm: Workshop: "Learning to Channel Spirit Guides"

This workshop offers a thorough understanding of channeling, and helps you to develop your own intuitive skills. The workshop dispels the mysteries, builds your confidence, and introduces you to your own abilities to communicate with your guides and spirits beyond this plane.

Call Prema Sai 243-4040

minds, chakras, polarity, consciousness, ethers, emotions, awareness, souls, and vibration. Each crystal works with light in its own unique and special way. Prepare yourself for a thorough and in-depth understanding of crystals, how they act on our physical and subtle bodies and bring us the light that empowers our presence on Earth. How can crystals help you in your daily life and on your spiritual path?

Spirit Animals - Turtles

When we see Turtle out in the wild, we are enthralled at how this child of Mother Earth is able to move across the land and in the water at a very slow, steady pace. We are all a little in awe of its ability to carry its house with it. Turtle makes us think of the Aesop Fable about the Tortoise and the Hare – where slow and sure wins the race. These thoughts then, give us some insight about what it means to have Turtle appear in our life.

Turtle reminds us that although we must stay grounded (Earth), every so often, we must swim out in to the water (emotion) and explore this environment and figure out what it is that we must face and then release. By carrying its home with it, Turtle reminds us not to get too attached to the material, since it may all disappear, and that ones home is where you are. When no one else would carry the Earth for the Goddess, Turtle offered to do so. Turtle shows us that without the Earth, we would not exist. Turtle shows us that the Earth must be cared for, and in caring for it, we care for ourselves. Turtle may be telling us that we need to look at self care, too. Just as Eagle gives us perspective from afar, Turtle gives us the perspective of detail – of examining everything that goes by us at some length and not to make hasty decisions that we may regret. Turtle tells us to look outside the box from the ground up.

When Turtle feels threatened, it withdraws into its shell. It stays there and contemplates what has frightened it. When it feels ready to face the world (it has resolved that fear), Turtle comes out and moves forward. This lesson for us is about withdrawing when we are threatened and thinking through the situation rather than striking out immediately. Being clear in one's communication is also one of the lessons about withdrawing. Turtle's shell is a reminder that we need to protect ourselves when we are out in the world. We can all ask the Goddess/God for the white light of protection to surround us as we move around in our environment.

Ask Turtle to help you when you are feeling threatened, alone, confused, emotional, or choked by the city. Turtle will transport you to that safe place where you can "hide" out until you are ready to work through what ever triggered you. -©Judy Hirst-Joyeux and Angels And Ancestors.

We are listening!

Thank you for the phone calls and emails that affirmed that you enjoyed the March issue. Thank you too, for the feed back on the article on Spring telling us how much you enjoyed it.

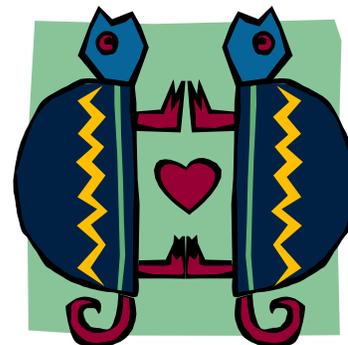
For those of you that want to hear more about what the animals mean when they appear to you, watch for further articles on Spirit Guides. We are thrilled that you are enjoying this series of articles!

We welcome your comments and suggestions for future issues of Angels And Ancestors at (Ctrl Click on the word) [SUGGESTIONS](#)



Picture from Microsoft Clipart

Turtle as a symbol in mythology.



Picture from Microsoft Clipart

"Ask Turtle to help you when you are feeling threatened, alone, confused, emotional, or choked by the city."

Progress Stopped

The symphony stopped.
A diamond is now rust.
Ships sit still.

"Who stopped progress?"

The men are mad.
The sweetness gone.
The vision, bitter.

"Who is in charge?"

Beneath the forest skin,

Higher With The Angels!

Archangel Uriel: Please! Get more sleep! The time change is especially hard on folks. When you make out your to-do list, cross off one thing and move it to tomorrow. Give yourself that extra time to rest. With rest comes rejuvenation. Farewell, Beloved.

Power lies.
Mother of Earth,
Heaving up.
Gone is her sleep.

"I am."

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