



Angels And Ancestors



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Volume 1, Issue 6

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Around Angels And Ancestors

(Hit Control and Click on the headline to get to the web site.)

See Who Is Linked to Angels Website!

We have chosen a few fellow light workers to reference on our website. Let us know if you have an interest in linking with us!

Now You Have Choice For Types of Readings

If you want to learn the difference between a Zodiac and Planetary spread, look here! Want to book an email reading – this is the spot to do it.

Labyrinths

The next labyrinth workshop is the 3 Circuit Labyrinth. Check out the class under Calendar.

Energetic Healing

We have added healing services. Ask us about distance healing!

Crystalline Energy

Find out about a crystal

Bringing In Spring



Spring © Judy Hirst-Joyeux

When we think of spring, we usually think of the return of warm weather, robins and other birds, the smell of green – grass and trees – and the time of love and new beginnings. People put away (throw away) winter clothes and “spring clean” their house, car, and perhaps cottage. We look forward to the planting of flowers, garden, shedding heavy clothes and pulling on bright summer clothes. The winged, the furred, the finned, the two legged and four legged, the creepy-crawlers, all shed their winter fur, hibernation, and fasting. They seek new beginnings. It is a time of celebration and mating. It is a time of now. Our lesson from the activity of Spring is to let go of the past and concentrate on the now. As we shed our winter persona, we have the opportunity to shake off the load of victim and “poor me” stories.

In this present (a gift from yesterday), we can create our new beginnings. The Celtic pagans believe that the Goddess Eostre was the deity responsible for bringing in the new season, and since this is a time of birthing, that she is responsible for the creation of new life and the birthing of new ideas. She guides lovers to wed and start a family. Thus, she is also the goddess for families and new beginnings.

For many of us, we make life changes in the Spring. We move, start new jobs, marry, divorce, and many of us begin our spiritual journeys or recommitment to Spirit in Spring. We make a decision to throw off what no longer serves us. In spiritual terms, we begin on the first path of initiation. We look at ourselves, our belief systems and change values to help us become our best. We make decisions to be generous, grateful, and search out our “true” purpose in life. By the simple act of choosing to “be in service” to God, Spirit, The Universe, or whatever you choose to call The Great Presence, you begin to “spring” into lessons and learning that creates a new you. Be well on that journey, and may we journey together from time to time!

-©Judy Hirst-Joyeux. Judy follows a Goddess path in the Celtic and Norse tradition. The information in this article draws on some of the teachings from this background. If you have questions or comments on the article, please send an email to info@angelsandancestors.com.

WE ARE LISTENING!

We Rise Higher Guided By Angels And Ancestors !

We welcome your comments and suggestions for future issues of Angels And Ancestors at: hirst14@yahoo.ca

From The Editors - Heartfelt Thanks!



A heart extended © Roger Joyeux 2006

As we began work on this newsletter, we realized that this is issue six – and Wow! We have been doing this half a year. We are feeling grateful, thankful, and hopeful at this time. Grateful that this journey has been as easy as it has been. Thankful that you, our readers, are supporting us and sharing our newsletter and notices that we send out. And hopeful that this journey will continue on, getting bigger and brighter. We have put our whole heart into Angels And Ancestors; we then extended our heart to you, and you have accepted us.

We are excited, too, as we watch our ability to be in service grow. We want to share our knowledge, our skills, and our vision. This newsletter is one way to do that. Happy reading!

Namaste! – Judy Hirst-Joyeux and Roger Joyeux

and copper energy session, and how it will benefit your journey.

Past Life Regressions

This link discusses past life regressions, and shows the beautiful medicine wheel at Carmangay Alberta.

Visit us at:

angelsandancestors.com

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Right Action

Right Action is actually one of the eight paths on the Buddhist Eightfold Path. It comes under the section of ethics. Most commonly, to Monks, it is the law of Right Conduct. Simply put – abstaining from taking the life of any living thing, abstaining from stealing, abstaining from unchastity (refraining from improper sexual conduct), abstaining from lying (truth and integrity in all things), and abstain from intoxicants. Generally, all belief systems mirror the intention of right action. Therefore in spiritual practice we hear the phrase “right action” and take it as shorthand for all of the “RIGHTS” in the Eightfold Path. From pagan tradition, the phrase, “and harm to none (no one), is also about Right Action. Books have been written on how the Rights should be learned, implemented and incorporated into one’s personal creed. This includes judgment of others and offering unsolicited advice. More on that in another article. For now, we leave it to everyone to make up their mind about Right Action.

-©Judy Hirst-Joyeux This article is part of our informative series on spiritual ethics as requested by some of our readers. Any comments on this article may be directed to info@angelsandancestors.com.



Pictures from Microsoft Clipart.

Work Shop Schedule

All Registrations may now be done on line.

Times don't work for you? Contact us about individual instruction.

March

March 27, Tuesday, 7:00 pm to 9:30 pm:

Workshop: "Three Circuit Labyrinth"

This workshop is a combination of action and learning. We will look at the history of the labyrinth. Then we will learn how to clear it and then walk it. We will walk it several times to experience how it represents the Triad, how it may be use in healing and diagnosing Physical, Mental and Sacred Issues. We will discuss what happened and some of the possible reasons. We will walk it four times. Feel free to bring your journal. Space limited. Register on line or call Judy at 225-2016

March 29 2007 Workshop: 1:00pm to 4:00pm
"How To Achieve Alpha Meditation And Apply It Everyday!"

This workshop is experiential learning about the alpha state where one is more aware. We start with the numerology of the decad (the first ten numbers). We add this to the colors and achieve an alpha meditation state. Next, we feel the difference between alpha state and traditional meditation. We also practice using the alpha state to promote self healing and how to use Sun Meditation to energize ourselves. We try the alpha state for communication and wrap up with how to achieve alpha instantly. Bring your journal. Space limited. Register on line or call Judy at 225-2016.

April

April 5, Thursday, 7:00 pm to 9:30 pm:

Workshop: "Spiral Labyrinth"

We will look at the history of this labyrinth. Then we will learn how to clear it and then walk it. We look at walking it to find your path, what blocks you on the path, and what will set you free. Bring your journal. Space limited. Register on line or call Judy at 225-2016

April Cont'd

April 11, Wednesday, 7:00 pm to 9:30 pm:

Workshop: "Three Circuit Labyrinth"

This workshop is a combination of action and learning. We will look at the history of the labyrinth. Then we will learn how to clear it and then walk it. We will walk it several times to experience how it represents the Triad, how it may be use in healing and diagnosing Physical, Mental and Sacred Issues. We will discuss what happened and some of the possible reasons. We will walk it four times. Feel free to bring your journal. Space limited. Register on line or call Judy at 225-2016

April 22, SUNDAY, 11am to 4:30pm: Workshop:
"Learning to Channel Spirit Guides"

This workshop offers a thorough understanding of channeling, and helps you to develop your own intuitive skills. The workshop dispels the mysteries, builds your confidence, and introduces you to your own abilities to communicate with your guides and spirits beyond this plane.

1. Introduction to channeling
2. Understanding Purpose
3. Responsibilities of the channel
4. Understanding spirit guides
5. Believing in yourself
6. Establishing protection
7. The art of listening
8. Getting ego out of the way
9. The principle of "no-response"
10. A word from our sponsor: Archangel Michael
11. Practical exercises to raise vibration
12. Practical exercises to begin channeling
13. Group practice to raise vibration
14. Sharing perspectives
15. Connecting with personal spirit guides
16. Group channeling exercise

REGISTER

Spirit Animals - Talking About Vision

As people walk the road to self improvement, the universe gives out messages. Those on a Shamanic path recognize that the messages from Nature are often the most direct. To the uninformed, they may be mystifying. Sometimes we have trouble "seeing" where we are going, what the lesson is, why whatever is happening is a good thing.... The Universe may send us a picture or dream of a giraffe, or eagle, hawk, or cat – any animal that is noted for its ability to see from high up or from far away. One of the initiations in spirit is to become a witness to one's life – to see it from an impartial distance, and not get caught up in the story (read drama). It is very difficult to look at one's life without bias, especially if you think life is thumping on you again. The other message is to rise above the situation or walk outside the issue. View it differently. May you all see clearly! -Judy and Roger



A view from above © Judy Hirst-Joyeux